



DEDICATED TO ENHANCING  
THE LIVES OF INDIVIDUALS  
WITH DOWN SYNDROME

[HTTPS://DSINDIANA.ORG](https://dsindiana.org)



Congratulations on the  
birth of your baby! Let  
Down Syndrome Indiana  
help support your family!

## ABOUT DSI

Down Syndrome Indiana is a one-stop-shop for information and resources on Down syndrome. The programs it offers are intended to promote the inclusion of individuals with Down syndrome in their greater community, as well as, to offer support and information to families, caregivers, educators, employers and the professionals who serve individuals with Down syndrome.

Contact DSI Director of Parent Support and Education, Stephanie Garner, for more information:  
[garner@dsindiana.org](mailto:garner@dsindiana.org) or 317-925-7617.





## NEW PARENT RESOURCES

### **DSI New Parent Packets**

We have compiled a bag full of helpful resources for new parents that we can mail to you at no cost. New Parent Packet resources are also available virtually through our Digital New Parent Packet! To request a New Parent Packet, visit <https://dsindiana.org/requestaparentpacket>

### **DSI Community Groups**

DSI hosts community groups throughout Indiana, both geographically based & identity based. Community groups create opportunities for families & individuals with Down syndrome to network and share common interests, concerns, challenges, & information. To find your local group, visit <https://dsindiana.org/communitygroups>

### **Webinars**

Down Syndrome Indiana has recorded a series of webinars with local experts to answer your questions on many topics important to children and adults with Down syndrome. To access the webinars, visit <https://dsindiana.org/webinars>

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